

MY RELATIONSHIP SUPERPOWERS & PERSONAL BRAND OF MAGIC



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Dear Lovely Friend,

As your co-pilot and cheering squad on your journey to lifelong love, I will reflect back to you how infinitely and unconditionally lovable you are.

My job is to hold your dreams front and center for you, especially when you're tempted to give up on them.

Your future self and your beloved will be forever grateful to you for the time, effort and courage you are devoting to this work.

I know what is possible for you and will remind you of your value and the type of person who must be worthy of you and your precious heart.

With a universe of love and support for you and all your heart's desires,

Maria



This is a lovely exercise to do with 3-5 of the people who are closest to you and who love you unconditionally. What you will learn from their responses will help you understand your personal relationship gifts and superpowers. The feedback you receive will help you understand how much you are appreciated, loved and cherished for who you are by those around you. Through this exercise you will feel celebrated.

Whether you are looking for love or are in a relationship, knowing the gifts you bring to all your relationships allows you to express these gifts intentionally and more generously.

Since most of us aren't used to asking for this kind of feedback and don't feel comfortable receiving it, I recommend that you make this a mutually fulfilling experience by providing feedback to your loved ones about their relationship superpowers using the questions below!

Ways you can continue to use the feedback you receive.

- Share your relationship skills in your online dating profiles and with the people you date.
- Read your loved ones' feedback regularly. This will help you come home again to the essence of who you are. It will boost your confidence, increase your joy and appreciation for yourself and others, especially on challenging days.

Knowledge of your relationship gifts empowers you to stand in your worth in dating and in all your relationships. As you stand in your worth and in your true essence, you are shining your light brightly into the world and opening yourself up to allow more love into your life.

When you do this, you will be joining me in spreading more love in the world, 2 hearts at a time.

Instructions:

Copy, paste and send the following questions to 3-5 people who know and love you most. You may wish to give them a deadline by which to send you their responses.

The most powerful way to receive this feedback is to meet with each person and read your feedback out loud to each other. Your hearts will be pierced with love and joy.

She makes a difference in my life because

I value her for.....

I depend on her for.....

What makes her unique is

What she brings to this relationship is....

What's great or awesome about her as a person (sister, friend, etc.) is ...

What's great about her as a woman is ...

What is **truly magical** about her is....

The essence of her (the best of her) shines most when...

What is most lovable about her is...

My most memorable time with her was ...

If you have any questions about how to do this process, please don't hesitate to email me directly at maria@maria-spears.com.

Inspiring Quotes About Love

"Your task is not to seek for Love, but merely to seek and find all the barriers within yourself that you have built against it."

Rumi

"You, yourself, as much as anybody in the entire universe, deserve your love and affection."

Buddha